

Alameda Hospital

Free health screenings,
activities, and exhibits for
the entire family!

Alameda Hospital's Community Health Fair 2010

Date: Saturday,
October 23, 2010

Time: 9:00 a.m.—
12:30 p.m.

Exhibits Include:

Disaster Preparedness (low cost
disaster & first aid kits will be available)
Cancer Prevention
Injury Prevention
Flu Prevention
Chair Massage
Senior Safety
... plus much more!

For more information, visit our
web site at www.alamedahospital.org
or call 814-4362.

- **Flu Shots** (Priority for individuals 60 years and older, or with a chronic medical condition, while supplies last.)
- **Vascular Screening** (Appointment required and space is limited. Call 814-4362.)
- **Blood Glucose Testing for Diabetes**
- **Blood Pressure Screening**
- **Podiatry Screening**
- **Cholesterol Screening (fee)**
- **Body Mass Index/ Body Fat Analysis**
- **Quick Look EKG**
- **Osteoporosis Screening (fee)**

... Plus much more!

Especially for Children!

- **Free Bike Helmet Giveaway**
(Children under 12 years old, while supplies last, child must be present)
- **Kid Safe Photo ID**
- **Safety and Disaster Info**
- **Emergency Vehicles**
- **Hand Washing and Flu Prevention**
- **Healthy Nutrition**

... Plus much more!

City of Alameda Health Care District
2070 Clinton Avenue, Alameda, CA 94501